



Glow People: The Lost Art of Reflection

April 25, 2021

Proverbs 24:32 *I applied my heart to what I observed and learned a lesson from what I saw.*

3 Habits of Reflection

1. Observe
Ephesians 5:15-16

2. Apply Your Heart
Proverbs 2:3-5

3. Learn

Additional Resource:

Glow Kids by Nicholas Kardaras
The Shallows by Nicholas G. Carr
Amusing Ourselves to Death by Neil Postman



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