



GROWTH BARRIERS

BEVAN UNRAU

FEBRUARY 10, 2019

	Ephesians 5:15-17, Corinthians 9:24-25
	• Get around
	• Alter your
2.	Fear: Genesis 3:10, John 16:7, 2 Timothy 1:7
	• Power:
	• Love:
	Self-Discipline:

1. Folly:______.

Growth Group Homework - February 10, 2019 GOD DREAMS: GROWTH BARRIERS

Warm-Up

- 1. What are some things in life you have trained for (athletics, skills, job, etc.)? What did you learn from that process?
- 2. Have you ever tried to drive while it was foggy? What was that experience like?

Talk It Over

- 3. Looking back at your notes from this week's message, what did you find most challenging or helpful?
- 4. Our natural approach in life is to make decisions without God. We have the value of *Wisdom Requires Training* so we can learn how to apply God's instruction in the various situations we face. What do the following verses reveal about this value?
 - 1 Timothy 4:7-9
 - 1 Corinthians 9:24-27
 - 2 Timothy 3:16-17
- 5. Create a list of daily disciplines, weekly habits, and seasonal training opportunities that can help you grow as a Christian.
- What has been your experience with the items on this list? Which ones have you found to be helpful? What are the challenges or obstacles to doing them?

- 6. Moses is one of the most prominent figures in the Bible. He was a Hebrew who was adopted into the royal family of Egypt and later became famous for leading the nation of Israel out of captivity. Read Hebrews 11:24-28. What examples of *Faith Inspires Courage* do you see in the passage? What fears do you think Moses had to trust God with?
- In our culture, what are some examples of needing courage in order to take a step of faith?
- 7. Fear is a barrier to growth. It's like a thick fog that can keep us from forward momentum. What are some of the fears (anxieties, worries, concerns) that slow you down or tempt you to stop growing?
- Bevan shared 2 Timothy 1:7 and the three ways the Holy Spirit helps us push through fear: Power, Love, and Self Discipline. Based on one of the fears you identified above, what from 2 Timothy 1:7 would help you?

Take It Home

8. Think back through the discussion. What is one thing God is challenging you to focus on? What is a next step of action you could take?