

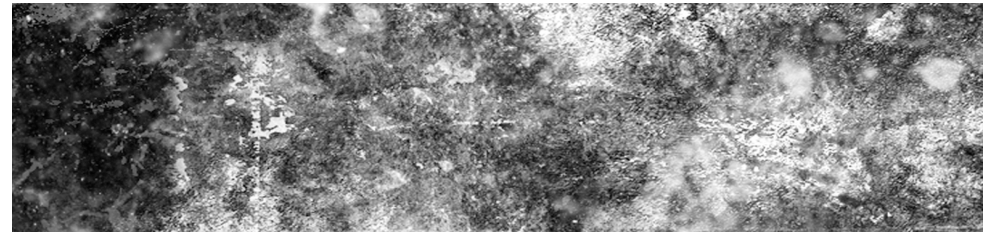
The Seabreeze Heart Attitudes

1. Put the _____ of others above my own.
Philippians 2:3-4
2. Live an _____.
Ephesians 4:25
3. Give and Receive _____.
Hebrews 3:13
4. Clear up _____.
Matthew 5:23-24
5. Participate in the _____.
1 Peter 4:10
6. Support the _____.
Matthew 6:19-21
7. Follow Spiritual Leadership
_____.
Hebrews 13:17

Today's Music

Salvation is Here	Joel Houston
Relentless	Joel Houston, Matt Crocker
You'll Come	Brooke Ligertwood
At the Cross (Love Ran Red)	Chris Tomlin, Ed Cash, Jonas Myrin, Matt Armstrong, Matt Redman
Today is the Day	Lincoln Brewster, Paul Baloche

Seabreeze CCLI#105966
Unless otherwise stated, verses are quoted from the
New International Version of the Bible by permission of Zondervan Publishers.



Peace Under Pressure Part 5 Join the Team

Bevan Unrau
February 7, 2016

Philippians 2:25 *But I think it is necessary to send back to you Epaphroditus, my brother, fellow worker and fellow soldier, who is also your messenger, whom you sent to take care of my needs.*

Brother: _____

Fellow worker: _____

Fellow soldier: _____

Growth Group Homework – February 7, 2016

Peace Under Pressure

In Philippians 2:19-30, we get the examples of two men who model aspects of what it means to be part of God's team. God created us to live in the context of a community and wants to use this to help us with the pressure we face.

Warm-Up

1. What were some of the teams you were part of growing up? What did you learn from those experiences?

2. Describe one of the best team experiences you have had. What made it so great?

Talk it Over

3. What part of this week's message stood out to you and why?

4. Bevan talked about our "fantasy football" approach to life, and how we tend to focus on our individual performance. Read Ephesians 4:11-13. How do you think practicing these verses could impact your personal peace?

5. Read Philippians 2:19-30. Which of the Heart Attitudes do Timothy and Epaphroditus model in these verses?

What challenges or pressures could they have been facing which might have prevented them from practicing these Heart Attitudes?

In what ways do Timothy and Epaphroditus show they are part of God's team?

6. Reviewing the list of Heart Attitudes, which is the easiest for you to do? Which do you struggle with the most? Why do you think this is?

Bring it Home

7. Thinking through an area of life where you are experiencing pressure, how are you currently responding?

Which Heart Attitude could you practice in that situation? What would it look like for you?

Memorize: Philippians 2:20-21
Read the book of Philippians
Additional Reading: Review the verses attached to each Heart Attitude