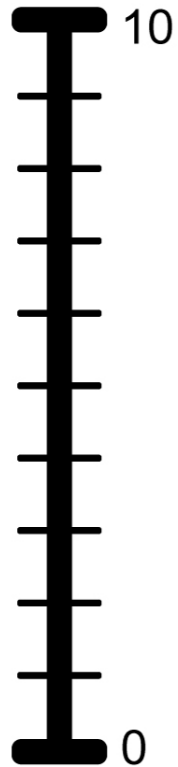
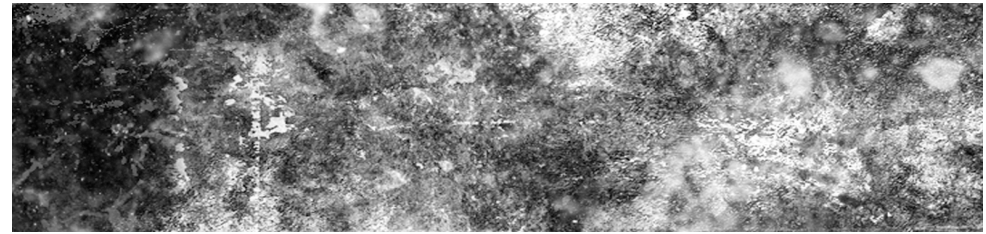
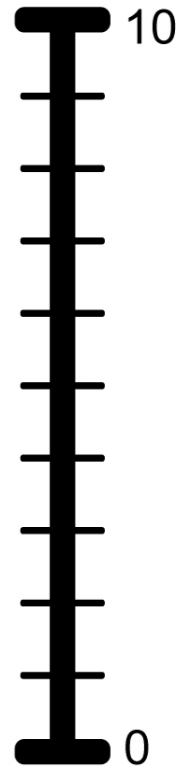


PRESSURE



PEACE



Peace Under Pressure Part 9 What Are You Expecting?

Bevan Unrau
March 6, 2016

Philippians 4:12 *I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.*

1. I can expect _____.

Philippians 4:13 *I can do everything through him who gives me strength.*

I can not expect _____.

2. I can expect _____.

Philippians 4:19 *and my God will meet all your needs according to his glorious riches in Christ Jesus.*

I can not expect _____.

My Next Step today is to...

memorize Philippians 4:13 & 4:19.
identify my top three expectations.
write down what I can expect in these three areas.

Today's Music

Your Grace Is Enough
This Is Amazing Grace
It Is Well With My Soul

Matt Maher

Jeremy Riddle, Josh Farro, Phil Wickham

Beth Redman, Matt Redman

Cornerstone

Edward Mote, Eric Liljero, Jonas Myrin, Reuben

Morgan,

William Bathelder Bradbury

Our God

Chris Tomlin, Jesse Reeves, Jonas Myrin, Matt Redman

Seabreeze CCLI#105966

Unless otherwise stated, verses are quoted from the
New International Version of the Bible by permission of Zondervan Publishers.

Growth Group Homework – March 6, 2016

Peace Under Pressure

In Philippians 4:10-20, we learn how we are to expect differently. We all look to the immediate future, not so much with a curiosity about what might happen but more with a set of ideas about what we think is supposed to happen. If we are going to experience peace, we have to have the right expectations.

Warm-Up

1. Last week we talked about thinking the right thing. How were you able to practice this over this past week?

2. What is your normal response when an expectation of yours is not met?

Talk it Over

3. What part of the message stood out to you and why?

4. Expectations are our set of ideas about what we think is supposed to happen. Make a list of expectations we have as Americans.

5. Read Luke 10:38-42. What do you think are some of the expectations that Martha has? How did those expectations impact her?

Can you think of a time in your life when unmet expectations impacted your peace?

6. Bevan explained how not all expectations are bad. What do you think are some of the good expectations you have?

7. Sometimes we approach God as consumers with our demands and complaints. Read Luke 17:7-10. What do you think God is saying in this passage?

What are some distinctions between the attitude of a customer and a servant?

Bring it Home

8. Read Philippians 4:10-13. What is a circumstance in your life that you are trying to get out of and that you need to practice contentment in? What do you think God is teaching you? How could you practice contentment?

Memorize: Philippians 4:13 & 4:19

Read the book of Philippians

Additional Reading: Matthew 6:28-34, 2 Corinthians 12:6-10